

A PROGRESSIVE HEALTH NEWSLETTER

PROGRESSIVE

April 15, 2013

Volume 6 Issue

TIMES

April
Showers...

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A SCARY DAY

Fire is one of those double edged swords. When controlled, it has allowed us to move forward in evolution by providing warmth, protection, and food. Unfortunately, when uncontrolled, it can take away everything. Fire, in it's uncontrolled form, struck PHPI at the Brooks Building early in the morning on April 4th. The fire tore through the upstairs section of the building where two of our clients reside. Ian was visiting family this day, but Csaba was sleeping in the apartment when the smoke detectors did their job and alerted him of the blaze. Thankfully, years of fire drills paid off and he



immediately exited the building unharmed. Several local fire departments fought the fire and contained it to the upper levels of the building. The first floor group rooms and the adjacent furniture store suffered significant smoke and water damage. The building is currently unusable. But, plans are in the works to rebuild. The cause of the blaze is still unknown, but something electrical seems to be the main suspect. Csaba and Ian have lost most of their possessions. But, material things can be replaced. Csaba and Ian, however, are irreplaceable and we are all so grateful that no one was injured.



Earth Day Celebration at PEEC

Saturday, April 20 – 10:00am-4:00pm \$5 per car. Help us celebrate the Earth! There will be hands-on learning stations, interpretive hikes, conservation exhibits, animals, crafts, food, music, and much more! Pre-registration is NOT required.

Pocono Environmental
Education Center (PEEC)
538 Emery Road Dingmans
Ferry, PA 18328
For Further
Information:
570-828-2319 or
www.peec.org



Earth Day
April 22
2013

SUMMER CONCERTS

JUNE 15 – CELTIC WOMAN

JUNE 29 – HEART AND JASON BONHAM'S LED
ZEPPELIN EXPERIENCE

JULY 2 – DAVE MATTHEWS BAND

JULY 19 – FRANKIE VALLI & FOUR SEASONS

JULY 20 – NATALIE MERCHANT WITH THE HUDSON
VALLEY PHILHARMONIC

JULY 25 – EAGLES

JULY 26 – TIM MCGRAW W/ BRANTLEY GILBERT.
LOVE. & THEFT

JULY 27 – BAD COMPANY & LYNRYD SKYNYRD

AUGUST 8 – GEORGE THOROGOOD & THE
DESTROYERS AND BUDDY GUY

AUGUST 11 – BLAKE SHELTON

AUGUST 20 – JOHN MAYER WITH PHILLIP PHILLIPS

AUGUST 23 – LUKE BRYAN

AUGUST 25 – JASON ALDEAN

SEE DANIELLE FOR DETAILS
AND TICKET INFORMATION





OPENING WEEK: SPRING SESSION 2013

The first PACE classes began this past week and will run through the end of May. A huge thank you goes out to all the Instructors from the community and PHPI teaching topics such as Sign Language, Wood Shop Safety, Cleaning Done Right, 30-Minute Meals, Zumba, and Art Experience. Pictured are some of the first classes in full swing.



NEW YORK INTERNATIONAL AUTO SHOW



This Month's POLL QUESTION



WHAT DOES EARTH DAY MEAN TO YOU?

ALICIA K. - EARTH DAY MEANS THAT EVERYTHING NEEDS TO BE GREEN - RECYCLING, NO POLLUTION AND IT'S A GOOD DAY FOR THE PLANET.

LAURIE B. - THINGS THAT YOU FIND IN THE ENVIRONMENT THAT ARE NATURAL.

SUSANA - MY BIGGEST HOME!

RICH L. - PEOPLE TRY TO CARE ABOUT THE ENVIRONMENT FOR ONE DAY. EARTH AWARENESS RECYCLING. FIDDLIE DEE.

TARA S. - IT'S ABOUT TAKING BETTER CARE OF THE EARTH AND TELLING PEOPLE ABOUT IT.

DOUG L. - A DAY YOU ACKNOWLEDGE NATURE.

RACHEL - LEARNING HOW TO KEEP THE EARTH CLEAN.

JANA W. - LOVE THE EARTH!

NICOLE D. - IT MEANS IT'S A TIME TO REFLECT ON OUR ENVIRONMENT AND WHAT NEEDS TO BE DONE TO SAVE IT.



42



"42" tells the story of two men - the great Jackie Robinson and legendary Brooklyn Dodgers GM Branch Rickey - whose brave stand against prejudice forever changed the world by changing the game of baseball. 82% of audience members liked it on rottentomatoes.com



SCARY MOVIE 5



The latest installment of the SCARY MOVIE franchise includes send ups of PARANORMAL ACTIVITY, MAMA, SINISTER, THE EVIL DEAD, INCEPTION, BLACK SWAN and pop culture. 79% of audience members liked it on rottentomatoes.com

SAVE THE DATE! REGISTER TODAY! RACE FOR RECOVER

5k run



1 mile walk/roll

5K

Saturday May 18, 2013

W. Ann St. Memorial Park

Milford, PA

8:00 a.m.

Local Sponsors to date:

Chant Realty

Erie Hotel and Trackside Manor

Rays Auto Repair

CRL Electric Corp.

Crank Appliance

call (570) 296-5156
ext.259 to register

Earth Day 2013

off the mark.com by Mark Parisi



There is a pleasure in
the pathless woods,
There is a rapture on
the lonely shore,
There is society,
where none intrudes,
By the deep sea,
and music in its roar:
I love not man the
less,
but Nature more
-Lord Byron

Celebrate our planet by filling-in the Earth Day list of words in the puzzle below so that all of the words fit in the correct place



4 LETTERS SAVE	TREES	7 LETTERS RECYCLE PROTECT HABITAT	9 LETTERS VOLUNTEER
6 LETTERS REUSE WATER OCCUPY CLEAN	6 LETTERS REDUCE PLANET ENERGY PLANTS OCEANS	8 LETTERS CONSERVE PRESERVE	

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ary member



April WEATHER FACTS For Milford, PA

Average High Temp 60°
Average Low Temp 36°
Record High 95° in 2002
Record Low 6° in 1944
Avg Precipitation 4.63 in